Mental Health Support Service

Live-saving, innovative 24/7 text service launches in Ireland

A new text based mental health service funded by the HSE launches today.

‘50808’ is a first of its kind for Ireland, a free 24/7 text service, providing everything from a calming chat to immediate support for people going through a mental health or emotional crisis. Crisis Volunteers are available 24/7 for anonymous text conversations. The aim is to provide immediate support in the short term and connect people to resources that will help them in the future.

Follow the link to read the full press release:

<https://www.hse.ie/eng/services/news/media/pressrel/live-saving-innovative-24-7-text-service-launches-in-ireland.html>