Support Services For Domestic Abuse.

Domestic Violence Support Agencies Contacts

• Sonas: Advice line (087 952 5217), 24-hour refuge (01 866 2015) and [www.domesticabuse.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.domesticabuse.ie%2F%3Ffbclid%3DIwAR19_5hGqWq5zeW1daBruXpjcpGvPtvQqL4wGz2zycZ2zdsicIKK-bLWkQQ&h=AT318F9KaiwKkwq_JwedoBsGxdRg6MMl2yWzHTvOQSNPzKe4IpQC_9ChQB9z0W3upO4IwkWPhGP904lHXwneplcEzdqoKzskUjCz2gFprZgAjJrWAl2NbhZ4ZAOexcIB&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw); provides online resources, including information on domestic violence orders.

• Women’s Aid: 24-hour helpline (1 800 341 900) the Women’s Aid National Freephone Helpline can offer support to women in over 170 languages through the Telephone Interpretation Service or on [www.womensaid.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.womensaid.ie%2F%3Ffbclid%3DIwAR1E6U29IlrBOiba_ig353nBaTwTVXWJJSiwCXHrhlFt35fcmI1hb7evcr0&h=AT0GICmGfwC_SBqYcZQIaVMeZszbChxzueLzOUAascdeRd9-Ktw2bzdQsTYcM_1xR_vRStAnaluecxcODdftSlj-JmX-QtSdZNnYD61zsLUb83IgLy0NJWAQ-nCUpY8m&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw)

• Safe Ireland: Advice line (090 647 9078) and [www.safeireland.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.safeireland.ie%2F%3Ffbclid%3DIwAR0fHsOVvU_Kk32DZixYKalbbxaslCaxZeZSH219s2L5YHsaw9VSXmOA7kI&h=AT1vDpXPH3lpW-gBF8xqkgSvevIpAkDVkCIst040GRxJh6TZVMSJhla9wJX64F7VJR742GJs62MztjiZDCv3XcHgvTlHRljiQrZz32g5sFsqWYZhkCv6zz1J8PEb6IWK&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw); provides details of domestic-violence services nationwide.

• [www.whatwouldyoudo.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.whatwouldyoudo.ie%2F%3Ffbclid%3DIwAR3rimSC_PxVOd_9IkOP5M_6-6H237L_TLZgLcH7Mw_5cxEiUOlfY_MgHzQ&h=AT2IZXT6lGmz2EcRi0C9Jxc1mWCdnNshuzS7y-RRkaPZ1aZqIk4zWM6m_iP6XBtS2JSq0Tsq0nucBcvKKOaHvRA8apNfFM_YWygHCw6YbHSXLcIDa-5HgUB3r3RQM01K&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw) lists support services, including domestic-violence services.

• Nasc: [www.nascireland.org/know-your-rights/domestic-violence/](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.nascireland.org%2Fknow-your-rights%2Fdomestic-violence%2F%3Ffbclid%3DIwAR3bnHhLptB-3VyjyAl_q7jf7ZFx-mxWT3ynv-vA4Bu7kq-AVvz7j6VSyLs&h=AT0KLArH5YFBGhjcl6L82fb2o-yZF_wVvDYDJENG1aT3g-asqZPD5HkITUKMIartB22pxueaU2-bhzDIerlvM9c5u1hk297X3FwvizHCW8BwSObWfWr3nb9PDbE0SdPd&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw); provides supports specifically for migrants and ethnic minorities.

• Move (Men Overcoming Violence): The head office is in County Clare (065 684 8689) and it is also based in Cork, Tipperary, Limerick, Dublin and Galway.

• Men’s Aid (formerly AMEN) [www.mensaid.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.mensaid.ie%2F%3Ffbclid%3DIwAR2bUKswRbxL12Xd38Xavfv8jEUsOJSWk_WI_VbOeylWKNbP1EpsjmxZCOQ&h=AT2TUjFOEHkGGiof32aN-7dRVZCrIUbuiAaIckVjW_f8xgG-BjVhs8f-pobAz4dS6ycFS-DNSZzhnhQpbrFzhVjMazZMyTsZe7MFsak7t0sBh67mmZ0goSValNZkSZBC&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw) - the helpline is 01-554 3811. 9am to 5pm Monday to Friday

• Men’s Development Network -[www.mens-network.net/male-advice-line/](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.mens-network.net%2Fmale-advice-line%2F%3Ffbclid%3DIwAR3SLr5xIWmIniw5rqZXCisiMabFrUR1Aa5CPbyOE0wJUgWlwSDfHRh87Ho&h=AT1D9LhUQ1XQ2a4x6QGS-ZKzrnez8ivtruWMXYj3UByhlEJqoUbRJb9asljbR8Y1i2xJWpE_qLAFoX9brCaKCx79hAzb4dg9vJDfLO1SuF2W0aOpxNDUCG9sGcdojWHz&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw) Freephone number: 1800 816 588

• [www.moveireland.ie](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.moveireland.ie%2F%3Ffbclid%3DIwAR0xnoVHKm6CeruyUAjrTW9e2znGA54_UQWPWt8E872d9bPVkDxcfunLs04&h=AT2iDGfYKtfc-A6qZchSlfLr6NEY77flQBrzEVHUx0lDW48jk5BrtwUedMHn6bld0ycOoELbF8cK2JoCDd82mDoNQXXWsBQyaba_kHbxLf6MYS_SmYn1mYYfErXPgsOD&__tn__=-UK-R&c%5b0%5d=AT3Xcvu7OOHAii-MNiElgkBYeTn4bgbyrMpyOhf0HlF6BcPkiPQTmQE9kCf-Xs3u8seCR3ikqpaN5v9DmLqQmGUSCk6b0pyMdxiBTeAS49tvwPRqg1ti0p4R1vtT4rhGXDwpb284CQ-vqbkLjo_zr-LGQup5WKYkgbKqdw3hLDl3TFG0J6tt5Prmlk25zpw), a national organisation that provides intervention programmes for perpetrators of domestic violence.

For more information follow the link to the sonas website:

<http://www.domesticabuse.ie/?fbclid=IwAR13j3Yulv4dndMFp18DahmHsYPe8cfqHUKG4a9WPEX8P3rpyBSr5VNPYdY>